

WHEELCHAIR SKILLS CHECKLIST

Name of Student: _____

Name of COMS: _____

Chair Mechanics

Date		Mastered	Not Mastered
	Turn on chair		
	Turn off chair		
	Adjust speed control		
	Apply brakes independently		
	Release brakes independently		
	Apply brakes w/assistance		
	Release brakes w/assistance		
	Disengage drive mechanism, independently		
	Engage drive mechanism, independently		
	Disengage drive mechanism, w/assistance		
	Engage drive mechanism, w/assistance		
	Adjust wheelie bars independently		
	Adjust wheelie bars w/assistance		
	Connect to charger independently		
	Connect to charger w/assistance		
	Disconnect to charger independently		
	Disconnect to charger w/assistance		
	Fold/disassemble independently		
	Fold/disassemble w/assistance		
	Unfold/assemble independently		
	Unfold/assemble w/assistance		

Indoor Movement

Date		Mastered	Not Mastered
	Stop on command		
	Stop on own		
	Stop for hazards, obstacles		
	Control sudden stop		
	Forward, straight		
	Forward, turn right		
	Forward, turn left		
	Pivot in place, right		
	Pivot in place, left		
	Pivot forward on right wheel		
	Pivot forward on left wheel		
	Back straight		
	Back, turn right		
	Back, turn left		
	Correcting away from wall while backing		
	Pivot backwards on right wheel		
	Pivot backward on left wheel		

Negotiating Obstacles/Hazards

Date		Mastered	Not Mastered
	Avoiding obstacles - high		
	Avoiding obstacles - low		
	Detect/stop for drop-offs		
	Detect slopes/ramps		
	Detect/stop for overhangs		
	Negotiate ramps, up		
	Negotiate ramps, down		
	Negotiate tight corners		
	Backing through tight corners		

Doors

Date		Mastered	Not Mastered
	Negotiate open doorways, straight in		
	Negotiate open doorways, turning in left		
	Negotiate open doorways, backing in straight		
	Negotiate open doors, backing in w/turn		
	Operating twist doorknobs		
	Operating door levers		
	Operating door thumb latches		
	Operating panic bars		
	Opening doors in		
	Opening doors out		
	Closing doors in		
	Closing doors out		
	Opening doors, spring loaded, in, right		
	Opening doors, spring loaded, in, left		
	Opening doors, spring loaded, out, right		
	Opening doors, spring loaded, out, left		
	Opening doors, spring loaded, in, right, with no space to side		
	Opening doors, spring loaded, in, left, with no space to side		

Elevators

Date		Mastered	Not Mastered
	Operate buttons, outside		
	Operate buttons, inside		
	Turn around, inside		
	Turn around, outside		
	Backing in		
	Backing out		

Sighted Guide

	Follow visually
	Follow sounds
	Request push as needed
	Detect/react to guide's stop
	Detect/react to guide's turns
	Detect/react to guide's up/down
	Describe needs to new guide
	Describe technique for ramps
	Describe technique for stairs
	Describe technique for escalators

Lifts

	Back on lifts
	Pull on lift, straight
	Operate lift controls independently
	Operate lift controls w/assistance

Transfers

	Transfers independently
	Transfers w/assistance
	Describes role to new assistant

Ramps

	Detects ramps
	Determines line of travel for ramps
	Negotiates ramps w/assistance
	Negotiates ramps w/out rails, up
	Negotiates ramps w/out rails, down
	Negotiates ramps w/rails, up
	Negotiates ramps w/rails, down

Sidewalk Travel

	Maintains position on the sidewalk
	Corrects for veering
	Detects rising level changes
	Detects drop-offs - front
	Detects drop-offs - side
	Accurately determines the height of drop-offs
	Safely negotiates lateral slopes
	Demonstrates good judgment about which level changes are navigable
	Approaches navigable level changes at an appropriate angle.
	Safely navigates speed bumps
	Controls descent to street
	Waits at appropriate place
	Demonstrates ability to handle curbs without ramps - un-navigable curbs
	Describes assistant's role in climbing un-navigable level changes
	Describes assistant's role in descending un-navigable drop-offs

Developed by Scott Crawford, 2004.

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