

A New Instrument to Evaluate Your Orientation and Mobility Students Workshop

AER International Conference, July 22-27, 2008

Prerequisite Checklist for the Orientation and Mobility Competition

ORIENTATION SKILLS

I. Laterality, Turns, and Directionality

The Student will:

1. Demonstrate functional understanding of sides \_\_\_\_\_
2. Demonstrate left and right upon request \_\_\_\_\_
3. Demonstrate laterality in relation to objects \_\_\_\_\_
4. Demonstrate body laterality using complex directions \_\_\_\_\_
5. Make a quarter or 90 degree turn upon request \_\_\_\_\_
6. Make a half or 180 degree turn upon request \_\_\_\_\_
7. Make a whole or 360 degree turn upon request \_\_\_\_\_
8. Identify left and right awareness when facing  
Another person \_\_\_\_\_
9. Recognize directionality in relation to objects \_\_\_\_\_
10. Demonstrate application of directionality in a  
Complex environment \_\_\_\_\_

II. Landmarks, Cardinal Directions, and Map Reading

The Student will:

1. Use landmarks for orientation \_\_\_\_\_
2. Name the compass directions \_\_\_\_\_
3. Identify compass directions outdoors \_\_\_\_\_
4. Read and use a compass correctly \_\_\_\_\_
5. Execute a route of travel using cardinal directions \_\_\_\_\_
6. Read and understand a tactile map \_\_\_\_\_
7. Read and understand Braille instructions \_\_\_\_\_
8. Read and understand an audible map \_\_\_\_\_

## AER Workshop Handouts

### CANE TECHNIQUES

The Student will:

1. Demonstrate touch technique \_\_\_\_\_
2. Demonstrate trailing with the touch technique \_\_\_\_\_
3. Demonstrate touch and drag technique \_\_\_\_\_
4. Demonstrate shoreline/guideline technique \_\_\_\_\_
5. Demonstrate three-point touch technique \_\_\_\_\_
6. Demonstrate constant contact technique \_\_\_\_\_
7. Demonstrate three-point search technique \_\_\_\_\_

### BUSINESS AREA TRAVEL SKILLS

The student will:

1. Maintain a straight line of travel \_\_\_\_\_
2. Solicit help when appropriate \_\_\_\_\_
3. Locate, approach, determine direction,  
Board, and exit escalator safely \_\_\_\_\_
4. Locate, approach, enter, find floor buttons,  
And exit elevator safely \_\_\_\_\_
5. Locate, approach, enter, ask for assistance  
Make purchase, and exit store safely \_\_\_\_\_
6. Locate specific landmarks in shopping mall \_\_\_\_\_
7. Locate specific stores in a shopping mall \_\_\_\_\_